

# Instructions for Tourniquet

## INTENDED USE

The tourniquet is a device that blocks the blood flow. It can be used during blood sampling or for the treatment of external hemorrhage in first aid.

## HOW TO USE THE TOURNIQUETS

1. Push the button on the buckle and open it;
2. Put the tourniquet around the arm and close the buckle;
3. Pull the elastic band outward until the arm is blocked;
4. Push again the button on the buckle to open the tourniquet.

